

# **INDIANA YOUTH SOCCER**

## **Minimum Coaching Standards**

Revised April, 21<sup>st</sup>. 2006

On December 11<sup>th</sup>, 2004 Indiana Youth Soccer's Board of Directors approved to a motion approving minimum coaching standards policies and procedures. Beginning in the spring of 2006, the INDIANA YOUTH SOCCER **will phase in minimum coaching standards** for all INDIANA YOUTH SOCCER registered coaches.

### **Deferment**

Any coach who can not meet the licensing requirement is required to apply for a deferment. A deferment is an approval to coach until the licensing requirement can be satisfied. A deferment is granted for one year only. All requests for a deferment must be submitted to the INDIANA YOUTH SOCCER Director of Coaching as part of the team registration process. A potential coach would complete a deferment request. The Club Coach (or their designee) would review essential information (including, but not limited to, sportsmanship, risk management and age- appropriate concerns) deemed essential by the Club with the candidate coach and sign the deferment request prior to the coach commencing with the players. The club would then submit the deferment request to Indiana Youth Soccer within seven (7) days of the candidate coach having his/her first session with players. Indiana Youth Soccer would formally respond to the deferment request within thirty (30) days of receipt. However, If no response is received within seven (7) days the deferment is considered approved for one year.

### **Waiting Period**

There is no waiting period between the Youth Module 1, Youth Module 2, F/Youth Technical Certificate, and E certificates. It is recommended that you apply what you have learned in your coaching education experience to the age group that you are coaching for at least one season.

There is a 6 month waiting period for those who have obtained an E Certificate and desire to pursue a D License. The waiting period is so coaches have a better opportunity to apply what they have learned.

There is a one year waiting period for those who have obtained a National D License and desire to pursue a C License. The waiting period is enforced by the USSF.

### **License Conversion**

A coach who has completed the equivalent to the minimum coaching standard from a foreign country can request to have their license converted over to a Youth Module 1, Youth Module 2, or USSF E Certificate. In order to do this, the following must be submitted to the INDIANA YOUTH SOCCER Director of Coaching and Player Development:

- Completed License Conversion Application
- Proof of completion of an equivalent course (copy of certificate/license)
- A conversion may take up to 3-6 weeks to process.

There are no license conversions for the USSF D or USSF C.

### **Waiver**

Waivers are possible to get into the D License Course. A waiver is not the same as a certificate, license, or license conversion. A waiver allows a coach the opportunity to take the D License Course.

Waivers are granted at the sole discretion of the INDIANA YOUTH SOCCER Director of Coaching and Player Development. All candidates seeking a waiver must fill out the Coaching Course waiver application and submit it to the INDIANA YOUTH SOCCER Director of Coaching at least 30 days prior to the start of a scheduled D course.

Waivers will be evaluated in accordance to the USSF standards:

1. License level with an outside organization
2. Coaching Experience
3. Playing Experience

Any candidate who receives an E course waiver and fails the D License will have to attend an E course, wait the 6 month period before attempting the D License again.

There are no waivers for the Youth Modules.

### **D Waiver Policy**

To get a waiver into the D License Course, a coach **must have each** of the following:

- 1) Four years of college playing experience or higher.
- 2) Five years of coaching experience in the age group that the D License course is for, which is the 12-18 year old player.
- 3) References or proof that the above has occurred.

All waiver requests must be submitted to the INDIANA YOUTH SOCCER Director of Coaching at least 30 days prior to the course.

### **Upgrading D Licenses**

Candidates that wish to upgrade from a State D to a National D, must wait a period of 3 months. Candidates then must repeat and retest the entire second weekend of the D course. Cost: \$50

### **Course Descriptions**

**"D" License Course Length: 36 hours Prerequisites:** Candidates must hold "E" Certificate for at least 6 months and be a minimum of 18 years of age or have the approval of the State Director of Coaching to attend. **Curriculum Emphasis of the "D" Course:**

To prepare coaches to further develop the player's technical abilities and their application within the game. Increase the understanding of the Principles of Play and how they are applied in the game. Expand the coaches understanding of 11 a-side soccer and the importance of developing a team system that is based on the player's abilities.

**"E" Certificate Course Length: 18 hours Prerequisites: None**

**Curriculum Emphasis of the "E" Certificate:**

The curriculum focuses on the development of the player, both individually and as part of the team. The emphasis will be to build on the

players' technical development by applying tactical concepts within game situations.

***Youth Technical Certificate (or USSF F) Length: 6 hours Prerequisites: None***

***Curriculum Emphasis of the "Youth Technical Certificate/USSF F"***

The Youth Technical Course/USSF F is designed for that coach who may or may not be coaching for the first time and may or may not have any playing background. The course focuses on activities that will identify the proper techniques necessary to play soccer at any level and give the participants ideas on how to successfully plan and conduct training sessions. While technically geared towards enhancing individual's performance, training activities will be presented that will assist in the development of the team.

***Youth Modules - Level I & II Length: 2 ½-3 hours Prerequisites: None Level I - U-6 & U-8 age groups Level II - U-10& U-12 age groups Curriculum Emphasis of the Youth Modules:***

The content of Youth Modules is the same as the National Youth License Course and is age specific. The Youth Module 1 (5-8 year olds) and Youth Module 2 (9-12 year olds) course will focus on the characteristics of these ages plus show age appropriate activities to use in practice. The idea that the game is within the child is emphasized in this course.

### **Prerequisites**

**There are no pre-requisites for the Youth Module 1, Youth Module 2, F/Youth Technical Certificate, and E Certificate.**

**D License**-Candidates must be at least 18 years of age. Must have had held an E Certificate or equivalent for at least 6 months or have the INDIANA YOUTH SOCCER Director of Coaching approval.

**State Hosted C Course**-Candidates must be at least 18 years of age. Must have had held a D License for at least one year or have the following equivalent:

1. Applicant received the NSCAA National Diploma and has held it for a minimum of 12 months.
2. Applicant has three (3) years coaching experience **AND** three years playing experience with U.S. National Teams or three (3) years professional playing experience.

**National Youth License**-Candidates must be at least 18 years of age.

**Goalkeeper Certificate**-Candidates must be at least 18 years of age.

### **Open Policy**

All INDIANA YOUTH SOCCER coaching courses are open to any coach from any club or association that is registered with the INDIANA YOUTH SOCCER.

<b>Age(s)</b>	<b>USSF</b>	<b>NSCAA Equivalent</b>	<b>AYSO Equivalent</b>	<b>By When</b>
<b>*Club Directors of Coaching</b>	<p><b>Travel</b> USSF C License</p> <p><b>Recreation/Rec-Plus</b> National Youth License</p>	<p><b>NSCAA Travel</b> National Diploma</p> <p><b>Recreation/Rec-Plus</b> National Youth Diploma</p>	None	<p><b>Travel Spring 2006</b></p> <p><b>Recreation/Rec-Plus Spring 2007</b></p>
<b>U15 and up</b>	<p><b>Travel (MRL &amp; ISL)</b> USSF D Certificate</p> <p><b>Travel (All other travel leagues)</b> USSF E</p> <p><b>Recreation/Rec-Plus</b> USSF "F" or Indiana Youth Soccer Youth Technical Course</p>	<p><b>Travel</b> None</p> <p><b>Recreation/Rec-Plus</b> NSCAA Regional Diploma</p>	<b>Recreation/Rec-Plus</b> AYSO Advanced	<p><b>Travel Spring 2006</b></p> <p><b>Recreation/Rec-Plus Spring 2007</b></p>
<b>U13/14</b>	<p><b>Travel (MRL &amp; ISL)</b> USSF E</p> <p><b>Travel (All other travel leagues)</b> USSF "F" or Indiana Youth Soccer Youth Technical Course</p> <p><b>Recreational/Rec-Plus</b> USSF "F" or Indiana Youth Soccer Youth Technical Course</p>	<p><b>Travel</b> NSCAA Regional Diploma</p> <p><b>Recreation/Rec-Plus</b> NSCAA Regional Diploma</p>	<b>Travel, Recreation/Rec-Plus</b> AYSO Advanced	<p><b>Travel Fall 2006</b></p> <p><b>Recreation/Rec-Plus Fall 2007</b></p>
<b>U11/12</b>	<p><b>Travel</b> USSF "F" or Indiana Youth Soccer Youth Technical Course</p> <p><b>Recreation/Rec-Plus</b> Youth Module 2</p>	<p><b>Travel</b> NSCAA Regional Diploma</p> <p><b>Recreation/Rec-Plus</b> NSCAA State Diploma</p>	<b>Travel</b> AYSO Advanced	<p><b>Travel Fall 2006</b></p> <p><b>Recreation/Rec-Plus Spring 2008</b></p>

<b>U 9/10</b>	<p style="text-align: center;"><b>Travel</b> USSF "F" or Indiana Youth Soccer Youth Technical Course</p> <p style="text-align: center;"><b>Recreation/Rec-Plus</b> Youth Module 2</p>	<p style="text-align: center;"><b>Travel</b> NSCAA State Diploma</p> <p style="text-align: center;"><b>Recreation/Rec-Plus</b> NSCAA State Diploma</p>	<p style="text-align: center;"><b>Recreation/Rec-Plus</b> AYSO Youth U-10 Coaching Course</p>	<p style="text-align: center;"><b>Travel</b> <b>Fall 2006</b></p> <p style="text-align: center;"><b>Recreation/Rec-Plus</b> <b>Spring 2008</b></p>
<b>U7/8</b>	<p style="text-align: center;"><b>Recreation</b> Youth Module 1</p>	<p style="text-align: center;"><b>Recreation</b> NSCAA State Diploma</p>	<p style="text-align: center;"><b>Recreation</b> AYSO Youth U-8 Coaching Course</p>	<p style="text-align: center;"><b>Spring 2008</b></p>
<b>U5/6</b>	<p style="text-align: center;"><b>Recreation</b> Youth Module 1</p>	<p style="text-align: center;"><b>Recreation</b> NSCAA State Diploma</p>	<p style="text-align: center;"><b>Recreation</b> AYSO Youth U-6 Coaching Course</p>	<p style="text-align: center;"><b>Spring 2008</b></p>

\* **Club Director of Coaching**-A club director of coaching is defined as an individual coach who is directly involved with the hiring and/or releasing of coaches for the club, A club director of coaching is also in charge of the education of coaches, players, and parents. A club director of coaching is an individual who writes policies and/or manuals for the club in relation to coach, player, and team development.

The table above is what will be a minimum for all coaches. It is recommended though that each coach attempts to exceed these minimum standards.

Below is what is **recommended** for each coach to try and obtain **after the minimum** is reached:

- Recreation/Travel Coaches U9-U12-Recommended E Certificate
- Recreation Coaches U13-U14-Recommended D License
- Travel Coaches U13-U14-Recommended D, C License
- Recreation Coaches U15 and up-Recommended D License
- Travel Coaches U15 and up-Recommended D, C, B, or A License

