

>>> Indy Burn Off-Season Training

DEFINING SPORTS PERFORMANCE >>>

Improve your explosiveness and quickness to the ball with SVSP!

> Performance Training

- > 12 sessions = \$300 / Middle School athlete
 - > 12 sessions = \$360 / High School athlete
 - > 24 sessions = \$480 / Middle School athlete
 - > 24 sessions = \$600 / High School athlete
 - > 60 minutes for MS; 90 min. sessions for HS
- > **Location:** 8227 Northwest Boulevard, Suite 160
- > **Team Sales (minimum of 10 athletes)**
- > Contact Michelle McElderry
 - > mmcelderry@indy.rr.com
 - > Ask about "Team Pricing" discounts
 - > 317-727-1251
- > **Individual** athletes call (317) 415-5747 to register

